

Building Resilient Mindsets

Available as a short workshop or extended programme for teachers and school leaders

'It's one thing to read the books but another to really embed resilient, effort-based growth mindset approaches with your students and, crucially, with your staff. Lizzie Overton's well-paced, hugely well resourced and researched training provides you with the tools to do just that.'

Pippa Marriott, Assistant Headteacher,
Chertsey

'It's been great to see inspiring ideas translated into effective and sustained practice. The follow-up coaching has been sensitively tailored to our teachers' different needs and is resulting in some truly enlivened teaching and learning.'

Kate Holland, Headteacher, Enfield

Carol Dweck says, *'The hall mark of successful individuals is that they love learning, they seek challenges, they value effort and they persist in the face of obstacles'*. A belief that you can grow your intelligence inspires us to make greater effort. But how can we ensure that the learning opportunities we provide are well designed to sustain the growth and resilience we want to see?

We explore how to translate ground breaking research into outstanding practice by

- using the principles of Enlivened Learning to create rich learning opportunities that motivate children to do their very best
- supporting our children to develop highly effective 21st century habits of learning alongside the necessary skills and knowledge
- teaching children about the brain in ways that unleash a willingness to make and sustain greater effort
- looking at our own mindset and the language we use so that we can be sure to build and reinforce the culture we want

Short Workshop Organisation and Costs

90 minute workshops are held remotely (for up to 12 people via Zoom) or face to face at your venue. They are led by former teacher and headteacher Lizzie Overton.

Remote workshops are charged at a rate of £25 per person (with a minimum fee of £150). Face to face workshops cost between £300 (for up to 12 people) and £400 for larger groups. Travel expenses are charged for round trips of more than 40 miles.

Extended Programme and Costs

The extended programme runs remotely (for up to 12 people via Zoom) or face to face at your venue. It is offered either as a series of 5 twilight workshops or 3 afternoon workshops spread over the equivalent of a full term.

The cost of the full programme is £200 per person (with a minimum fee of £750 where less than 4 people are taking part).

To book workshops and extended programmes or to discuss your needs please email cpd@enliven-ed.com or send a message via the [contact](#) page.

For more about Enliven Education please go to www.enliven-ed.com